

November 2024

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



3. Exercise today.
20 jumping jacks
20 push ups
Count out loud

10. Practice a fire drill at home. What is the procedure?

17. Clean your room all by yourself today.

24. Play Simon Says.

4. Play a match game with a set of playing cards.

11. Shape Hunt. find objects shaped like a hexagon.

18. How many letters are in your name? Practice writing your name.

25. Practice your phone number with a keypad.

5. Write all 26 lower case letters. Use crayon, marker or paint.

12. Practice meditating with an adult. How did it make you feel?

19. Draw a picture of where you live and write your address.

26. Write your first and last name three times. Use a pencil, crayon and marker.

6. Dress yourself today.

13. Review and practice bathroom etiquette.

20. Read a book with a Fall or Thanksgiving theme. Draw your favorite part.

27. Practice tying your shoes independently

7. Be kind to someone today.

14. Write the numbers 1-15 in order.

21. Try children's yoga online.

28. Happy Thanksgiving! Help make cookies.

1. Shape Hunt. Find objects shaped like a circle.

8. Who are the people in your family? Draw and label a picture.

15. Make playdough or slime.

22. Write a list of all the things your thankful for.

29. . Find a pattern in your house. Make a new pattern with objects

2. Play a board game.

9. Help sort the laundry. How are the clothes sorted?

16. Practice opening and eating your meals independently.

23. Help with a chore today.

30. Go on a nature scavenger hunt. Sort the objects into groups. Discuss.